



Muncy High School  
Athletic Hall of Fame  
Jan Pfleegor  
Class of 1968  
Induction year 1998

An all around athlete, Jan lettered in basketball, field hockey and volleyball her senior year 1968.

During Jan's high school years, she swam competitively and in the Y program and won a free-style state championship in 1963. Jan continued to swim competitively at the University of Michigan as she lettered four years on the varsity team 1968 to 1972. Jan's expertise was free style and that stroke propelled her to several Big Ten records and allowed her to compete in nationals all four years she competed. Jan also swam in several international meets.

After moving to St. Croix in 1973, Jan stayed involved in swimming by coaching the St. Croix Dolphins swim team 1973-74 and 1981.

Jan then became very active in sailing. She owned her own 31 foot sailboat for several years and participated in several races while sailing on the Finisterre. She won the 1977 Rolex Race in St. Thomas. She now participates extensively in sailboat racing in the Annapolis area.

