



# ARP ESSER Health and Safety Plan Guidance & Template

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Section 2001(i)(1) of the American Rescue Plan (ARP) Act requires each local education agency (LEA) that receives funding under the ARP Elementary and Secondary School Emergency Relief (ESSER) Fund to develop and make publicly available on the LEA's website a *Safe Return to In-Person Instruction and Continuity of Services Plan*, hereinafter referred to as a *Health and Safety Plan*.

Based on ARP requirements, 90 percent of ARP ESSER funds will be distributed to school districts and charter schools based on their relative share of Title I-A funding in FY 2020-2021. **Given Federally required timelines, LEAs eligible to apply for and receive this portion of the ARP ESSER funding must submit a Health and Safety Plan that meets ARP Act requirements to the Pennsylvania Department of Education (PDE) by Friday, July 30, 2021, regardless of when the LEA submits its ARP ESSER application.**

Each LEA must create a Health and Safety Plan that addresses how it will maintain the health and safety of students, educators, and other staff, and which will serve as local guidelines for all instructional and non-instructional school activities during the period of the LEA's ARP ESSER grant. The Health and Safety Plan should be tailored to the unique needs of each LEA and its schools and must take into account public comment related to the development of, and subsequent revisions to, the Health and Safety Plan.

The ARP Act and U.S. Department of Education rules require Health and Safety plans include the following components:

1. How the LEA will, to the greatest extent practicable, implement prevention and mitigation policies in line with the most up-to-date guidance from the Centers for Disease Control and Prevention (CDC) for the reopening and operation of school facilities in order to continuously and safely open and operate schools for in-person learning;
2. How the LEA will ensure continuity of services, including but not limited to services to address the students' academic needs, and students' and staff members' social, emotional, mental health, and other needs, which may include student health and food services;

3. How the LEA will maintain the health and safety of students, educators, and other staff and the extent to which it has adopted policies, and a description of any such policy on each of the following safety recommendations established by the CDC:
  - a. Universal and correct wearing of [masks](#);
  - b. Modifying facilities to allow for [physical distancing](#) (e.g., use of cohorts/podding);
  - c. [Handwashing and respiratory etiquette](#);
  - d. [Cleaning](#) and maintaining healthy facilities, including improving [ventilation](#);
  - e. [Contact tracing](#) in combination with [isolation](#) and [quarantine](#), in collaboration with State and local health departments;
  - f. [Diagnostic](#) and screening testing;
  - g. Efforts to provide COVID-19 [vaccinations to school communities](#);
  - h. Appropriate accommodations for children with disabilities with respect to health and safety policies; and
  - i. Coordination with state and local health officials.

The LEA's Health and Safety Plan must be approved by its governing body and posted on the LEA's publicly available website by July 30, 2021.\* The ARP Act requires LEAs to post their Health and Safety Plans online in a language that parents/caregivers can understand, or, if it is not practicable to provide written translations to an individual with limited English proficiency, be orally translated. The plan also must be provided in an alternative format accessible, upon request, by a parent who is an individual with a disability as defined by the Americans with Disabilities Act.

Each LEA will upload in the eGrants system its updated Health and Safety Plan and webpage URL where the plan is located on the LEA's publicly available website.

The ARP Act requires LEAs to review their Health and Safety Plans at least every six months during the period of the LEA's ARP ESSER grant. LEAs also must review and update their plans whenever there are significant changes to the CDC recommendations for K-12 schools. Like the development of the plan, all revisions must be informed by community input and reviewed and approved by the governing body prior to posting on the LEA's publicly available website.

LEAs may use the template to revise their current Health and Safety Plans to meet ARP requirements and ensure all stakeholders are fully informed of the LEA's plan to safely resume instructional and non-instructional school activities, including in-person learning, for the current school year. An LEA may use a different plan template or format provided it includes all the elements required by the ARP Act, as listed above.

\* The July 30 deadline applies only to school districts and charter schools that received federal Title I-A funds in FY 2020-2021 and intend to apply for and receive ARP ESSER funding.

## **Additional Resources**

LEAs are advised to review the following resources when developing their Health and Safety Plans:

- [CDC K-12 School Operational Strategy](#)
- [PDE Resources for School Communities During COVID-19](#)
- [PDE Roadmap for Education Leaders](#)
- [PDE Accelerated Learning Thorough an Integrated System of Support](#)
- [PA Department of Health - COVID-19 in Pennsylvania](#)

## **2021-2022 School Year**

**Muncy School District will completely return to in-person instruction for the 2021-2022 school year. Option 2, which included synchronous live Zoom sessions into classrooms, will be eliminated for the 2021-2022 school year.**

**If necessary, an entire school building may still need to transition to remote instruction for all students for a certain amount of time based on the Health & Safety Plan in effect at that time.**

**Attendance policies and procedures will be communicated at the beginning of the 2021-2022 school year, including procedures on how students will keep up to date on classroom content and complete assignments during routine absences from school and during extended absences from school due to diagnosed medical conditions or required quarantines.**

## **Health and Safety Plan Summary: Muncy School District**

**Initial Effective Date: June 21, 2021**

**Date of Last Review: June 21, 2021**

**Date of Last Revision: June 21, 2021**

1. How will the LEA, to the greatest extent practicable, support prevention and mitigation policies in line with the most up-to-date guidance from the CDC for the reopening and operation of school facilities in order to continuously and safely open and operate schools for in-person learning?

**Muncy School District successfully applied the most up-to-date requirements from the state of Pennsylvania, the Pennsylvania Department of Health (PA DOH) and the Pennsylvania Department of Education (PDE) in order to continuously and safely operate our schools for in-person learning throughout the entire 2020-2021 school year. All of these requirements were directly aligned to the most up-to-date guidance from the Centers for Disease Control and Prevention (CDC). As a result, Muncy School District was open for in-person instruction for the entire 2020-2021 school year with limited transitions to remote instruction.**

**As of May 31, 2021 the state of Pennsylvania lifted all COVID 19 mitigation efforts with the exception of the state masking order. The state masking order will be lifted as of June 28, 2021. In accordance with the state's lifting of all mitigation efforts, Muncy School District may reinstitute strategies, policies and procedures related to Muncy School District's 2020-2021 Health and Safety Plan (see Appendix A) when necessary to align to current requirements from the state of Pennsylvania, PA DOH and PDE or as the Board approves updates to the 2021-2022 Health and Safety Plan. All of these requirements will be directly aligned with the most up-to-date guidance from the Centers for Disease Control and Prevention (CDC).**

2. How will the LEA ensure continuity of services, including but not limited to services to address the students' academic needs, and students' and staff members' social, emotional, mental health, and other needs, which may include student health and food services?

**Muncy School District successfully applied our continuity of education plan on several occasions throughout the course of the 2020-2021 school year. The transition of all of our services to remote instruction allowed us to address the academic needs, social needs, emotional needs, mental health needs and other needs of our students and staff. If necessary, Muncy School District will reinstitute our continuity of education plans to address the academic needs, social needs, emotional needs, mental health needs and other needs of our students and staff during the 2021-2022 school year.**

3. Use the table below to explain how the LEA will maintain the health and safety of students, educators, and other staff and the extent to which it has adopted policies, and a description of any such policy on each of the following safety recommendations established by the CDC.

ARP ESSER Requirement	Strategies, Policies, and Procedures
a. Universal and correct wearing of <a href="#">masks</a> ;	<b>Muncy School District's Health and Safety Plan for the 2020-2021 school year successfully applied the universal and correct wearing of masks based on requirements from the state of Pennsylvania, the Pennsylvania Department of Health (PA DOH) and the Pennsylvania Department of Education (PDE). All of these requirements were directly aligned to the most up-to-date guidance from the Centers for Disease Control and Prevention (CDC). Pennsylvania will lift the state's mask mandate on June 28, 2021. If necessary, based on future state requirements or based on Board approval of updates to the 2021-2022 Health and Safety Plan, Muncy School District may reinstitute the universal and correct wearing of masks.</b>
b. Modifying facilities to allow for <a href="#">physical distancing</a> (e.g., use of cohorts/podding);	<b>Muncy School District's Health and Safety Plan for the 2020-2021 school year successfully applied physical distancing to the maximum extent feasible based on requirements from the state of Pennsylvania, the Pennsylvania Department of Health (PA DOH) and the Pennsylvania Department of Education (PDE). All of these requirements were directly aligned to the most up-to-date guidance from the Centers for Disease Control and Prevention (CDC). As of May 31, 2021 the state of Pennsylvania lifted all COVID 19 mitigation</b>

ARP ESSER Requirement	Strategies, Policies, and Procedures
	<p>efforts with the exception of the state masking order. The state masking order will be lifted as of June 28, 2021. If necessary, based on future state requirements or based on Board approval of updates to the 2021-2022 Health and Safety Plan, Muncy School District may reinstitute physical distancing to the maximum extent possible.</p>
<p>c. <a href="#">Handwashing and respiratory etiquette</a>;</p>	<p>Muncy School District’s Health and Safety Plan for the 2020-2021 school year successfully emphasized handwashing and respiratory etiquette based on requirements from the state of Pennsylvania, the Pennsylvania Department of Health (PA DOH) and the Pennsylvania Department of Education (PDE). All of these requirements were directly aligned to the most up-to-date guidance from the Centers for Disease Control and Prevention (CDC). Muncy School District will continue to emphasize handwashing and respiratory etiquette throughout the 2021-2022 school year.</p>
<p>d. <a href="#">Cleaning</a> and maintaining healthy facilities, including improving <a href="#">ventilation</a>;</p>	<p>Muncy School District’s Health and Safety Plan for the 2020-2021 school year successfully cleaned all of our facilities to maintain a safe and healthy learning and working environment, including ventilation, based on requirements from the state of Pennsylvania, the Pennsylvania Department of Health (PA DOH) and the Pennsylvania Department of Education (PDE). All of these requirements were directly aligned to the most up-to-date guidance from the Centers for Disease Control and Prevention (CDC). As of May 31, 2021 the state of Pennsylvania lifted all COVID 19 mitigation efforts with the exception of the state masking order. The state masking order will be lifted as of June 28, 2021. If necessary, based on future state requirements, based on Board approval of updates to the 2021-2022 Health and Safety Plan or as a proactive response to changing conditions, Muncy School District may reinstitute more intensive cleaning procedures to maintain a safe and healthy learning and working environment, including ventilation.</p>
<p>e. <a href="#">Contact tracing</a> in combination with <a href="#">isolation</a> and <a href="#">quarantine</a>, in collaboration with the State and local health</p>	<p>Muncy School District’s Health and Safety Plan for the 2020-2021 school year successfully applied contact tracing as well as isolating and quarantining procedures based on requirements from the state of Pennsylvania, the Pennsylvania Department of Health (PA DOH) and the Pennsylvania Department of Education (PDE). All of these</p>

ARP ESSER Requirement	Strategies, Policies, and Procedures
departments;	requirements were directly aligned to the most up-to-date guidance from the Centers for Disease Control and Prevention (CDC). Muncy School District will continue to apply contact tracing as well as isolating and quarantining procedures based on the requirements of PA DOH throughout the 2021-2022 school year.
f. <a href="#">Diagnostic</a> and screening testing;	<p>Muncy School District's Health and Safety Plan for the 2020-2021 school year did not include diagnostic or screening testing for COVID 19 as individuals were asked to see their primary care physician to make such determinations.</p> <p>Muncy School District will continue to have individuals consult their primary care physicians to make such testing determinations for the 2021-2022 school year.</p>
g. Efforts to provide <a href="#">vaccinations to school communities</a> ;	Muncy School District successfully partnered with our local Intermediate Unit (BLaST IU 17) to help provide vaccinations to all eligible school employees who registered for a vaccination during the 2020-2021 school year. Muncy School District will continue to provide information provided by our local health providers about upcoming vaccination clinics available to our school community during the 2021-2022 school year. If there seems to be a community need outside of already established community vaccination clinics, the school may explore opportunities to partner with our local health providers to offer vaccination clinics on school grounds during the 2021-2022 school year.
h. Appropriate accommodations for students with disabilities with respect to health and safety policies; and	Muncy School District's Health and Safety Plan for the 2020-2021 school year successfully provided appropriate accommodations for students with disabilities with respect to health and safety policies based on requirements from the state of Pennsylvania, the Pennsylvania Department of Health (PA DOH) and the Pennsylvania Department of Education (PDE). All of these requirements were directly aligned to the most up-to-date guidance from the Centers for Disease Control and Prevention (CDC). As of May 31, 2021 the state of Pennsylvania lifted all COVID 19 mitigation efforts with the exception of the state masking order. The state masking order will be lifted as of June 28, 2021. Muncy School District will continue to



ARP ESSER Requirement	Strategies, Policies, and Procedures
	<p><b>implement appropriate accommodations for students with disabilities with respect to health and safety policies throughout the 2021-2022 school year.</b></p>
<p>i. Coordination with state and local health officials.</p>	<p><b>Muncy School District’s Health and Safety Plan for the 2020-2021 school year provided successful coordination with state and local officials to follow requirements from the state of Pennsylvania, the Pennsylvania Department of Health (PA DOH) and the Pennsylvania Department of Education (PDE). All of these requirements were directly aligned to the most up-to-date guidance from the Centers for Disease Control and Prevention (CDC). As of May 31, 2021 the state of Pennsylvania lifted all COVID 19 mitigation efforts with the exception of the state masking order. The state masking order will be lifted as of June 28, 2021. When necessary, Muncy School District will continue to coordinate with state and local health officials in responding to various aspects related to the pandemic.</b></p>

## Health and Safety Plan Governing Body Affirmation Statement

The Board of Directors/Trustees for **Muncy School District** reviewed and approved the Health and Safety Plan on **June 21, 2021**.

The plan was approved by a vote of 8 **Yes**; 0 **No**

Affirmed on: **June 21, 2021**

By:



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*(Signature\* of Board President)*

Scott M. Johnson

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*(Print Name of Board President)*

\*Electronic signatures on this document are acceptable using one of the two methods detailed below.

**Option A:** The use of actual signatures is encouraged whenever possible. This method requires that the document be printed, signed, scanned, and then submitted.

**Option B:** If printing and scanning are not possible, add an electronic signature using the resident Microsoft Office product signature option, which is free to everyone, no installation or purchase needed.

# APPENDIX A

## Strategies, Policies and Procedures for Consideration Based on 2020-2021 Health and Safety Plan Implementation

As of May 31, 2021 the state of Pennsylvania lifted all COVID 19 mitigation efforts with the exception of the state masking order. The state masking order will be lifted as of June 28, 2021. If necessary, based on future state requirements or based on Board approval of updates to the 2021-2022 Health and Safety Plan the strategies, policies and procedures listed on the following pages from Muncy School District's 2020-2021 Health and Safety Plan may be considered for proactive use in response to changing conditions.

- Muncy School District may use the monitoring of local metrics, recommendations from discussions with DOH representatives on a case-by-case basis and guidelines established by the Board when responding to COVID-19 cases in the school setting and making decisions related to potential school closures.
- Schedules may be as static as possible by having the same group of students with the same group of staff based on age and developmental level
- Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, hallways, and transportation)
  - District will follow the CDC's Guidance for Cleaning & Disinfecting Schools
  - Clean and disinfect frequently touched surfaces and objects within the school at least daily, including door handles, sink handles, drinking fountains, and student desks
  - Steps will be taken to discourage the use of communal drinking fountains and provide water bottle filling stations when possible
  - Increased use of face coverings & gloves
  - Increase Social Distancing & Hygiene Practices
  - Create and Implement new cleaning guidelines/rotations to address COVID-19 concerns
  - Ventilation rates and outdoor air percentage will be set at HVAC consultant recommendations
  - Buses will be disinfected with electrostatic sprayer after each run (morning;afternoon;athletic)

- Other cleaning, sanitizing, disinfecting, and ventilation practices
  - Increased routine use of Clorox 360 electrostatic sprayer
  - Sanitizing supplies will be made available for use by all throughout the school day.
  
- Classroom/learning space occupancy that allows for 6 feet of separation among students and staff throughout the day, to the maximum extent feasible
  - All desks to face in the same direction in rows, where possible.
  - Students to sit on only one side of a table.
  - Students to sit as far apart from one another as possible in each individual class.
  - All non-essential furniture to be removed from classrooms to maximize square footage for student use.
  - Hold classes in gyms, auditoriums, other large spaces, or outdoors when possible.
  - In accordance with DOH requirements, face coverings must be worn while in school at all times even when able to maintain 6 feet of social distance with limited exceptions and while outside when physical distancing is not feasible.
  - Maintain a distance of at least 6 feet from others to the maximum extent feasible when not disruptive to the educational process.
  - Hold group meetings such as parent-teacher conferences, staff meetings, and curriculum planning virtually.
  
- Restricting the use of cafeterias and other congregate settings, and serving meals in alternate settings such as classrooms
  - Parents/Guardians will be encouraged to deposit funds using the online payment option to reduce the handling of cash and checks in the cafeteria.
  - Staff will serve meal components to achieve contactless service whenever possible.
  - There will be no buffet style meal service.
  - Alternative tables & chairs will be available in additional dining areas to achieve physical distancing to avoid across the table seating.
  - In accordance with the DOH requirements, face coverings are required when walking to and from the cafeteria as well as when getting their food.
  - Student dining & serving areas will be thoroughly cleaned between lunch periods.
  - Use of prepackaged/disposable items when possible, including meal condiments.
  - Students will be encouraged to use hand sanitizer before and after consuming food or drink items.

- Avoid sharing of food and utensils
  - Increase use of face coverings & gloves.
  - Use of One-way Directional serving lines when possible.
  - Allow students to go outside after eating lunch provided adequate supervision.
  - Utilize outdoor space, if possible.
- Hygiene practices for students and staff including the manner and frequency of hand-washing and other best practices
    - All staff will be trained on healthy hygiene practices so they can teach and model these practices to students and families.
    - Ensure handwashing strategies include washing with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available and hands are not visibly dirty, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
    - Ensure adequate supplies (e.g., soap, paper towels, hand sanitizer, tissue) to support healthy hygiene practices.
- Identifying and restricting non-essential visitors and volunteers
    - Access to the building will only be provided to essential personnel providing essential educational and related services.
    - Temporarily restrict building access to all non-essential visitors and volunteers.
    - Facility use requests by all outside organizations and individuals for outside facilities will be approved by administration while inside requests will be approved by the Board (Policy 707).
    - All within organization facility use requests must comply with all aspects of this plan.
    - Do not schedule large group activities including but not limited to assemblies, concerts and theater.
    - Face coverings, such as masks or face shields, must be worn by all non-students, both staff and visitors (including parents and guardians), while on school property, including during student drop-off and pickup.

- Handling sporting activities for recess and physical education classes consistent with the CDC Considerations for Youth Sports
  - Minimize team activities and physical contact in physical education classes focusing on individual skill building.
  - Limit the sharing of equipment in physical education class unless cleaning and disinfecting can be done between use by different students.
  - Number equipment to maintain individual student use throughout the course.
  - Assign lockers in the locker room to maximize social distancing in the locker room.
  - Locker room benches will be disinfected after each period by the physical education teachers.
  - Recess
    - Ensure adequate playground equipment (balls, jump ropes, etc.) to limit the sharing of items or limit to one group of students at a time and disinfect between uses.
    - Limit team sports and group games following social distancing guidelines.
    - Clean and disinfect plastic and metal playground equipment, particularly high-touch surfaces such as railings, handles, etc., frequently and routinely over the course of each day.
    - Have students and staff wash their hands or use hand sanitizer, before and after being on playgrounds.
    - Reinforce the importance of consistently maintaining physical distancing of at least 6 feet during recess.
    - Limit the size of groups using an area at any one time.
    - Consider providing access to hand washing/sanitizing stations during recess.
    - Consider limiting recess areas to open spaces to eliminate use of playground structures.
  
- Limiting the sharing of materials among students
  - Ensure adequate supplies to minimize sharing of high touch materials to the extent possible or limit to one group of students at a time and disinfect in between use.
    - Shared Textbooks; Technology; Art Supplies; PE Equipment
  - Numbering of items for individual student use in laboratory and group work settings.
  - Clean and disinfect shared items between uses.
  - Keep each student's belongings separated from others' and in individually labeled containers, cubbies, lockers or other areas.
  - Avoid using other students' supplies and materials. Clean and disinfect them before and after use.

- Staggering the use of communal spaces and hallways
  - Students report directly to individual classrooms upon arrival or after finishing breakfast.
  - If possible, create one-way traffic patterns in hallways.
  - If possible, place physical guides on floors or sidewalks
  - If possible, stagger class times to limit the number of students in hallways at any time.
  - Consider eliminating the use of lockers
  - Separate students within common areas.
    - Arrival; Dismissal Lines; Lunch
  
- Adjusting transportation schedules and practices to create social distance between students
  - Routes will be monitored to balance student ridership when possible.
  - Alternative loading techniques will be utilized to maximize social distancing wherever possible.
  - Windows and/or roof hatches will be opened as weather permits to improve ventilation.
  - In accordance with DOH requirements, face coverings must be worn while in school at all times even when able to maintain 6 feet of social distance with limited exceptions and while outside when physical distancing is not feasible.
  
- Limiting the number of individuals in classrooms and other learning spaces, and interactions between groups of students
  - No assemblies larger than currently established limits for indoor gatherings.
  - Assemblies will maintain social distancing.
  - Seats will be marked for non-use to maintain 6 feet of social distancing.
  
- Other social distancing and safety practices
  - Limit gatherings, events, and extracurricular activities to those that can maintain physical distancing.
  - Consider canceling field trips at the start of the school year and rescheduling when there is good viral control.
  - To the greatest extent possible, use virtual group events, gatherings, or meetings, and promote distancing of at least 6 feet between people if events are held. Events will adhere to any state mandated limits on gathering size or limits established by the Board.

- Installation of plexiglass barriers where deemed applicable
- Coordinate communication with necessary organizations.
- Masks
  
- Handling Music Activities and Classes
  - Follow Covid-19 Instrument Cleaning Guidelines. Teachers will provide students instruction on these cleaning policies prior to resuming instrumental music lessons or classes.
  - Select and provide safe opportunities for music instruction for students using Muncy School District's Music Curricular and Extra-curricular Pandemic Response 2020 Guide.
  - Consider:
    - Physical proximity of students.
    - Use of appropriate facilities to accommodate social distancing.
    - Amount of touching of shared equipment.
    - Ability to engage in social distancing while not engaged in active play.
    - Engagement of players at higher risk.
    - Size of group.
  
- Monitoring students and staff for symptoms and history of exposure
  - Parents/Guardians will be asked to complete symptom screenings at home each morning before boarding district transportation or arriving at school. Children with symptoms should stay home.
  - All district staff will be asked to complete a symptom screening on themselves prior to leaving for work, and should stay home if ill.
  - Temperature screenings may be required upon entrance to school for students, staff and others.
  - Students and staff will consistently be made aware of the signs and symptoms of COVID-19.
  - Students and staff will go to the nurse immediately if feeling symptomatic.
  
- Isolating or quarantining students, staff, or visitors if they become sick or demonstrate a history of exposure
  - School nurses and other healthcare providers should use Standard and Transmission-Based Precautions when caring for sick people.



- Close off the area(s) used by a person testing positive for COVID-19 and do not use before cleaning and disinfecting.
- Returning isolated or quarantined staff, students, or visitors to school
  - Staff and students with fevers or symptoms associated with COVID-19 should seek medical attention for further evaluation and instructions before returning to school.
  - Refer to the COVID-19 Symptomatic K-12 Student or Staff Process Flow (PDF) for steps schools should take when a student or staff member present symptoms of COVID-19 but are not a confirmed case. The process flow also includes criteria for returning to school.
  - For staff and students, who are not currently a close contact, quarantined, presenting with symptoms that may be associated with COVID-19 may return to school when any one of the following applies:
  - Symptomatic Individual/Child Not Tested: Exclude for 10 days from symptom onset and 24 hours after fever resolution without the use of fever reducing medications (if present) AND improved respiratory symptoms/other symptoms OR
  - Symptomatic Individual/Child Clinically Cleared by Primary Doctor, Certified School Nurse, or Other Health Care Provider: Exclude until afebrile for 24 hours without the use of fever reducing medications (if fever present) and symptoms improving OR
  - Symptomatic Individual/Child with Negative Test: Exclude until afebrile for 24 hours without the use of fever reducing medications (if fever present) and improved respiratory symptoms/other symptoms
  - Staff or students with symptoms who have had a direct exposure to a person with COVID-19 will be considered probable cases and should remain excluded from school/work until release from isolation criteria has been met.
    - \*Note that recommendations for discontinuing isolation in persons known to be infected with SARS-CoV-2 could, in some circumstances, appear to conflict with recommendations on when to discontinue quarantine for persons known to have been exposed to SARS-CoV-2. CDC recommends 14 days of quarantine after exposure based on the time it takes to develop illness if infected. Thus, it is possible that a person known to be infected could leave isolation earlier than a person who is quarantined because of the possibility they are infected (Date the person with COVID-19 ends home isolation + 14 days = end of quarantine).
  - A student or staff member who is quarantined following close contact with a case may not return to school until cleared to do so by DOH or the appropriate CMHD. A negative test obtained prior to the end of quarantine does not clear an individual for return. The entire quarantine period must be completed. See CDC guidance on Quarantine if You Might be Sick.
  - Persons with COVID-19 who have symptoms and were directed to care for themselves at home may discontinue isolation under the following conditions (Symptoms Based):

- At least 1 day (24 hours) has passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath)/other symptoms; and,
- At least 10 days\* have passed since symptoms first appeared.
- A written release to return to school from their medical provider.
  - \*A limited number of persons with severe illness may warrant extending duration of isolation for up to 20 days after symptom onset based on consultation with their health care provider. A test-based strategy is no longer recommended to determine when to discontinue home isolation, except in certain circumstances as determined by their health care provider.
- Persons with laboratory-confirmed COVID-19 who have not had any symptoms and were directed to care for themselves at home may discontinue isolation under the following conditions (Symptoms Based):
  - At least 10 days have passed since the date of their first positive COVID-19 diagnostic test assuming they have not subsequently developed symptoms since their positive test. If they develop symptoms, then the symptom-based strategy should be used:
  - At least 1 day (24 hours) has passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath)/other symptoms; and,
  - At least 10 days\* have passed since symptoms first appeared.
  - A written release to return to school from their medical provider.
    - \*A limited number of persons with severe illness may warrant extending duration of isolation for up to 20 days after symptom onset based on consultation with their health care provider. A test-based strategy is no longer recommended to determine when to discontinue home isolation, except in certain circumstances as determined by their health care provider.
- Notifying staff, families, and the public of school closures and within-school-year changes in safety protocols
  - Post Health and Safety Plan on MSD Website
  - Provide regular updates on MSD website and through other regular methods of districtwide communications (E-mail, One Call Now).
  - Prepare parents and families for remote learning if school is temporarily dismissed or if quarantines impact the ability to learn at school.

- Other monitoring and screening practices
  - Please notify school officials if you become sick with COVID-19 Symptoms, test positive for COVID-19, or are exposed to someone with COVID-19 symptoms or to someone with a confirmed or probable case of COVID-19 or you traveled to areas recommended for self-quarantine.
  - Schools should call DOH at 1-877-PA Health (1-877-724-3258); before acting in response to a known or suspected communicable disease. DOH will provide guidance regarding disease information, appropriate letters and communications, identification of high-risk individuals, appropriate action and treatment, and on-going support and assistance.
  - If the person is present on school property when DOH staff notifies the school of positive case information, the person should immediately, but discreetly, be taken to the COVID-19 related isolation space for pick up (if student) or asked to return home (if staff).
  - Establish procedures for safely transporting home sick individuals.
  - Close off areas used by the sick person and do not use again before cleaning and disinfecting. Follow CDC Guidance on Cleaning and Disinfecting protocols.
  - Wait at least 24 hours before cleaning and disinfecting. If not feasible, wait as long as possible. If seven days have passed since the sick individual was in the affected area, cleaning is not needed.
  - Take every measure to maintain the confidentiality of the affected individual.
  
- Protecting students and staff at higher risk for severe illness
  - Cancel all non-essential travel
  - The district will follow guidelines set forth in the (FFCRA) Families First Coronavirus Response Act
  - Eliminate the use of perfect attendance awards and incentives.
  - Collaborate with staff at higher risk for severe illness to determine how to meet needs safely.
  - Collaborate with students and families at higher risk for severe illness to determine how to meet needs safely.
  
- Unique safety protocols for students with complex needs or other vulnerable individuals
  - Extra precautions in low incidence programs (AS, MDS, LSS).
  - Servicing students in low incidence programs can be problematic due to, but not limited to, students with medical concerns, students not understanding the importance of wearing a mask, students unable to maintain

proper social distance, students requiring hand-over-hand instruction and support, students requiring assistance with communication, students requiring assistance with feeding or toileting.

- For these reasons, extra precautions will be implemented. These precautions include:
  - Related service providers working with students will be required to follow all district, host district, and intermediate unit Health and Safety Plans
  - A plan for services due to an ill service provider will be determined on an individual basis.
  - Specialized equipment utilized by multiple students will be sanitized between use
  - If a sink is available in the classroom, staff should thoroughly wash hands immediately before and after working with a student.
- Avoid the use of communal objects when possible for student reinforcement. If such objects are used with multiple students, each object should be disinfected immediately before and after student use.
- Personal student devices should be disinfected each time a student enters or exits the classroom.
- Student specific feeding protocols should be followed when feeding students. Staff should wear gloves when feeding students.
- Bathrooms and changing tables should be disinfected before and after student use. Limit students to one at a time. Students should be assisted with appropriate hygiene practices.
- Students should be encouraged not to touch walls and fixtures when in hallways.
- Unique safety protocols may include:
  - Student instruction and assistance with hygiene practices and social distancing
  - Prompts and reminders for students related to personal protective equipment and safety procedures
  - Alternate personal protective gear will be considered based on student specific health and learning needs, including students who are unable to wear a mask or independently remove a mask
  - Staff working with students requiring close contact to meet mobility, medical, social/emotional, and hygiene needs will be provided with personal protective gear
- Additional Athletic Procedures for Junior and Senior High Athletics
  - Utilize Muncy School District Athletic Department Participation Waiver for Communicable Diseases Including COVID-19
  - Athletes, Coaches, and Staff should undergo a COVID- 19 health screening prior to any practice, event, or team meeting. The type of screening will be dependent upon the available resources and the Phase level. The

screening will include a daily form as well as a temperature check. The purpose is to check for signs and symptoms of COVID-19. Individuals whose temperature is 100.4° F or higher will be sent home.

- Employees will promote healthy hygiene practices such as hand washing (20 seconds with warm water and soap). Employees will be required to wear a cloth face covering. (Face coverings help decrease potential exposure to COVID-19 respiratory droplets by an infected individual). Student-athletes will be required to wear face coverings when not practicing or competing. Hand Sanitizer will be available for team use as resources allow.
- Intensify cleaning, disinfection, and ventilation in all facilities
- Encourage social distancing through increased spacing, small groups, and limited mixing between groups, if feasible
- Educate Athletes, Coaches, and Staff on health and safety protocols
- Encourage anyone who is sick to stay home
- Plan for if a student or employee gets sick
- Regularly communicate and monitor developments with local authorities, employees, and families regarding cases, exposures, and updates to policies and procedures
- Athletes and Coaches will provide their own water bottle for hydration. Water bottles must not be shared.
- Gloves, masks, eye protection will be used as needed and situations warrant, or determined by local/state governments. Face Coverings will not be used for athletes while practicing or competing. Due to the possibility of asymptomatic/presymptomatic contagion, all coaches and staff will wear face coverings. Face coverings should cover both the nose and the mouth.
- Identify Staff and students who may be at a higher risk of severe illness from COVID- 19 due to underlying medical conditions such as:
  - Age 65 or older
  - Lung disease, moderate-severe asthma
  - Serious heart conditions
  - Immunocompromised
  - Obesity
  - Diabetes
  - Kidney or liver disease
  - Keep equipment and facilities clean.

- Adequate cleaning schedules should be created and implemented for all athletic facilities to mitigate any communicable disease
- Athletic Facilities should be cleaned prior to arrival and post workouts and team gatherings, high touch areas should be cleaned more often
- Weight Room Equipment should be wiped down after each individual use
- Appropriate clothing/shoes should be worn at all times in the weight room to minimize sweat from transmitting onto equipment surfaces